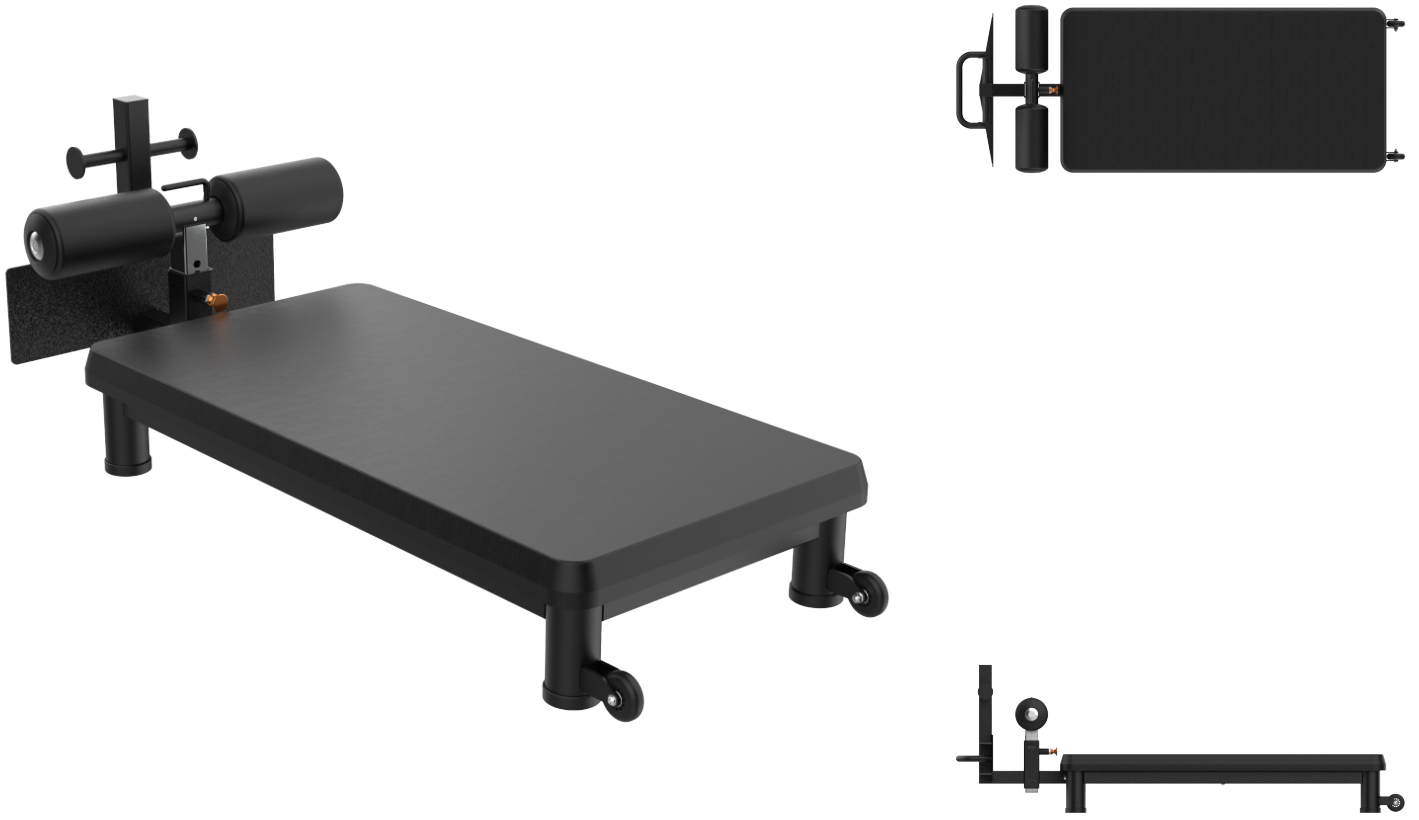


## RE60 FREE WEIGHT SERIES

## RE6043 - NORDIC HAMSTRING CURL MACHINE



## PRODUCT OVERVIEW

The RE6043 is a premium training machine engineered specifically for functional hamstring development. With a robust structure and refined craftsmanship, it is ideal for commercial gyms and advanced training environments.

The Nordic Hamstring Curl is widely recognized as a “gold standard” movement for enhancing lower-body performance and protecting the knee joint. However, due to the significant leverage involved, the exercise often places high stress on the knees and ankles while making body stabilization difficult. The RE6043 addresses these challenges with an extra-wide padded support and a 4-position adjustable ankle pad, delivering superior comfort and stability to enhance training quality and safety.

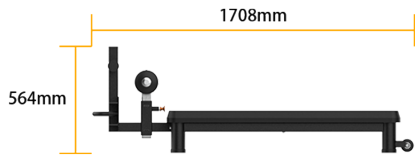
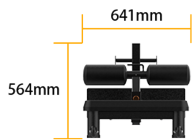
Additional features include a non-slip footplate that increases lower-leg stability, reducing ankle stress and improving training comfort. The machine is also equipped with resistance band pegs, allowing assisted variations that lower the entry barrier and make the exercise accessible to a wider range of users.

For added convenience, integrated transport wheels and a moving handle make it easy to reposition the equipment, offering greater flexibility within the training space.

# SPECIFICATIONS & KEY FEATURES

## Specifications

<b>Dimension:</b>	1708*641*564mm
<b>Net Weight:</b>	57kg
<b>Main Frame Tubing:</b>	F50x3
<b>Target Muscle Groups:</b>	Hamstrings
<b>Standard Color Scheme:</b>	REGO Series standard color scheme

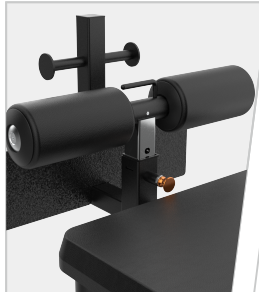


## Product Features



### Extra-Wide Padded Support

Provides stable, comfortable cushioning for the knees, preventing collapse or injury when fatigued and ensuring safe execution.



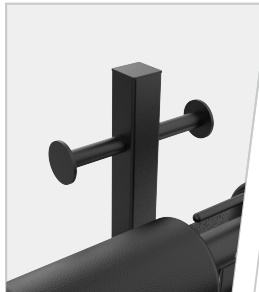
### 4-Position Adjustable Ankle Pad

Accommodates different lower-leg sizes and individual needs for optimal positioning.



### Non-Slip Footplate

Enhances movement stability and comfort by engaging the feet, reducing ankle stress during training.



### Resistance Band Pegs

Allow assisted training options, lowering the difficulty of the exercise and broadening its accessibility.



### Transport Wheels & Moving Handle

Enable easy relocation of the machine, improving flexibility and space efficiency in the training area.